

Good afternoon SJS Families,

I hope this email finds you well. This year has been quite a ride and thank you all for bearing with the ever-changing policies and procedures. Sharing information below for the closing of this year and forms for next year.

Best,

Tara Medeiros

SJS Nurse

### **Field day and Field Trips**

Field day is Wednesday June 15th. Please remember to apply sunscreen and bug spray to your child prior to field trips and field day. Teachers are not allowed to apply sunscreen or bug spray. Sunscreen needs a physician's order to be applied by a Nurse.

Please note, I will send along prescribed medications on field trips with teachers for your students. Teachers are trained in EpiPen administration yearly.

### **Updated DESE Protocols**

Click here for updated-[Isolation and quarantine guidance for students in educational settings](#)

### **Medication Returns**

I will return medications to students in grade 6 to 8. For all other grades, preschool through grade 5, I will be outside the main entrance of the school on June 16th. If your child is attending camp I would hold onto medications and pass along to respective teachers.

### **Medication Forms**

Please see attached forms for prescription and over the counter medications for next year. Please feel free to email them over the summer. They should be on file for the start of the school year. Having the proper forms assists the Nurse and teacher to keep your child safe. Forms must be signed by the Physician and parent.

[Food Allergy and Anaphylaxis Emergency Care Plan](#)

[Over the Counter Medication Form](#)

[Massachusetts Asthma Action Plan](#)

[Medication order form](#)

### **Physicals**

Per the Department of Public Health and School Health Unit, Physical exams are required annually for grades preschool, Pre-Kindergarten, Grade 4 and Grade 7. Please feel free to email them over the summer. **New student physicals for the Fall are due by June 15th. No student should start in the Fall without a physical on file.**

### **Ihealth tests**

The last shipment of Ihealth tests will be distributed today June 7th. We have extra kits you may receive additional. Please note that there is a sticker attached to the box as the expiration date has been extended a few months. Please scan the blue label with QR code for the expiration date. If you didn't receive your test, please reach out and I will send one home this week.

### **Mental Health Resources**

<https://www.dana-group.com/>

<https://interface.williamjames.edu/>

<https://www.aspirehealthalliance.org/>